

## Describing Your Feeling

Which feeling would you like to describe? \_\_\_\_\_

Answer the following questions. Picture your feeling as you write words to describe this feeling. You may even draw a picture of this feeling.

1. If your feeling had a shape, what would it be?

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2. If your feeling were a color, what would it be?

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3. If your feeling had a texture, what would that feel like?

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4. If your feeling had a sound, what would it sound like?

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5. If your feeling was a weather condition, what would it be?

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6. If your feeling had a size, how would you describe the size?

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7. If your feeling had a place in your body, where would it be?

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8. If your feeling were an animal, what kind of animal would it be?

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9. If your feeling could say something, what would it say?

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10. If you could talk to your feeling, what would you say?

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